To Change settings in Outlook 2007 – POP Account (Scroll down for IMAP settings)

Open Outlook

Click the **Tools** menu, and select **Account Settings...**

On the E-mail tab, select your POP account and click Change...

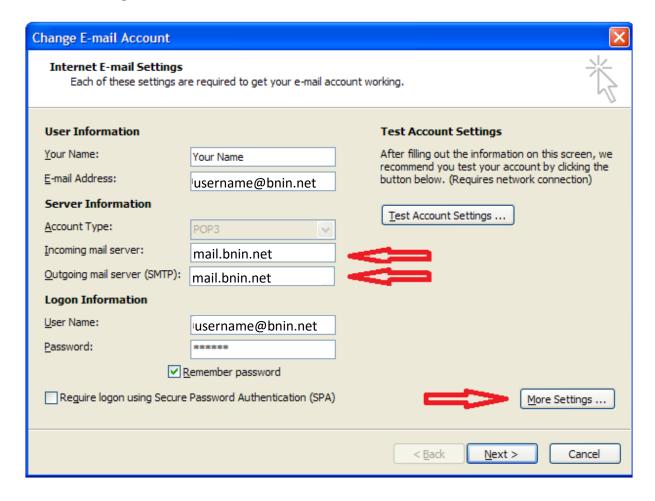
Only change the following fields:

Incoming mail server: mail.bnin.net

Outgoing mail server (SMTP): mail.bnin.net

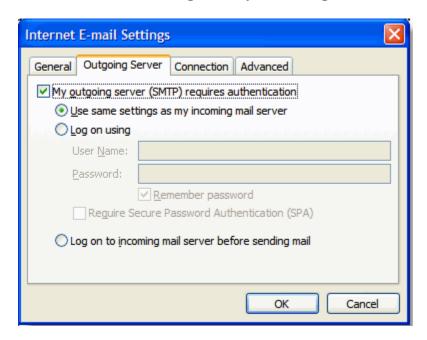
Require logon using Secure Password Authentication (SPA): Leave this option unchecked.

Click the More Settings... button

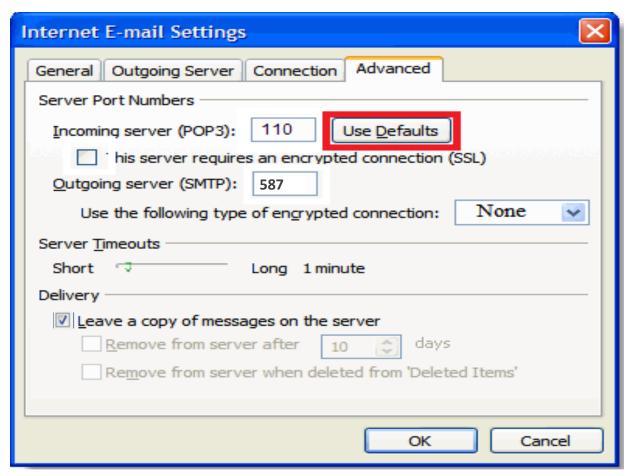


Select the **Outgoing Server** tab.

Verify the box next to **My outgoing server (SMTP) requires authentication** is checked and select **Use same settings as my incoming mail server.**



Click the Advanced tab, and Click the Use Defaults button



Verify that the settings were reset to the following:

Incoming server (POP3): 110 (This server requires an encrypted connection (SSL) should **NOT** be checked.)

Outgoing server (SMTP): 587 (This will need to be changed from 25 to 587. "Use the following type of encrypted connection" should be set to NONE)

Click OK.

Click **Next**, and then click **Finish**.

For IMAP Accounts

Follow the same basic instructions, but use different ports.

Incoming Server (IMAP): 143 Outgoing Server (SMTP): 587

No SSL on either one. Uncheck box for Incoming and None for Outgoing.